



In RECEPTION, children experience learning through play to develop the Early Learning Goal of: Personal, Social and Emotional Development- within this they learn to self-regulate, manage self and build relationships. They also receive messages from external visits from people who help us- e.g. Police Constable, Nurse.

Year 1

Aut 1- What is the same and different about Us?  
 Aut 2- Who is special to us?  
 Spr 1- What helps us to stay healthy?  
 Spr 2- What can we do with money?  
 Sum 1- Who helps us to keep safe?  
 Sum 2- How can we look after each other and the world?

Safety talks from Dogs Trust and Canal Trust.  
 Physical activities: including Daily Blast on the Track.

Whole School Assemblies- incorporate 5 Ways to Well Being, our SPARKS- Smart, Polite, Aware, Respectful, Kind, Safe, British Values and Learning about Faith.

Year 2

Aut 1- What makes a good friend?  
 Aut 2- What is bullying?  
 Spr 1- What jobs do people do?  
 Spr 2- What helps us to stay safe?  
 Sum 1- What helps us grow and stay healthy?  
 Sum 2- How do we recognise our feelings?

Pedestrian Training

Year 3

Aut 1- How can we be a good friend?  
 Aut 2- What keeps us safe?  
 Spr 1- What are families like?  
 Spr 2- What makes a community?  
 Sum 1- Why should we eat well and look after our teeth?  
 Sum 2- Why should we keep active and sleep well?

Year 5

Aut 1- What makes up a person's identity?  
 Aut 2- What decisions can people make with money?  
 Spr 1- How can we help in an accident or emergency?  
 Spr 2- How can friends communicate effectively?  
 Sum 1- How can drugs common to everyday life affect health?  
 Sum 2- What jobs would we like?

Aut 1- What strengths, skills and interests do we have?  
 Aut 2- How do we treat each other with respect?  
 Spr 1- How can we manage our feelings?  
 Spr 2- How will we grow and change?  
 Sum 1- How can our choices make a difference to others and the environment?  
 Sum 2- How can we manage risk in different places?

Fire Safety Talk.

Year 4

Nurse growing up talks and First Aid Training provided across years 5 and 6.

Loudmouth theatre group- delivery of workshops for years 5 and 6- to enhance curriculum- Eg- knife crime, online safety, criminal exploitation and domestic violence.

Autumn- How can we keep healthy as we grow?  
 Spring- How can the media influence people?  
 Summer- What will change as we become more independent? How do friendships change as we grow?

Year 6

Year 6 all have a role to help develop them to be responsible, respectful and active citizens- House captains, Sports Ambassadors, reading Ambassadors, Anti-Bullying Ambassadors, SPARKS captains, Digital Ambassadors.

Whole-School Healthy Eating Day- Spring term

Whole -School Well Being Day - Summer Term

At Crestwood Park :

- We put into place the key building blocks of healthy and respectful relationships focusing on family and friendships.
- We will teach what is legal within our country in terms of relationships.
- Our teachers will present views on different types of relationships. We are presenting views, not promoting them.
  - We will give our children the information they need to make good decisions about their own health and well-being.
- Our PSHE and RSE teaching aims to develop successful learners who enjoy learning and are confident individuals who are able to live safe, healthy and fulfilling lives.